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Time for Some Good Nev



September 16, 2008

CABARRUS **MEALS** on HEFIS

Beholdance is pleased to report, with the assistance of Cabarrus Meals on Wheels' Executive Director, Kim Strong, we were able to land a \$1000 grant to support the Beholdance K9 Krunchies and Feline Munchies 'Pet Meals' Campaign. We have also received over 1500 pounds of dog and cat food this year to-date for packaging. Over 133.5 hours were contributed by Beholdance Youth to support this community service project (7.2007 - 6.2008)

Special thanks to Kristen Wells, who filled the entire order for our Feline Munchies for July as she was the only attendee for our July '08 meeting.

Dakota Palacio and Saundra Spry packaged and delivered the K9 Krunchies for July and spoke with Mrs. Strong. She asked if Beholdance would be interested in assisting at their Sunday Soup Sampling again this year. It is scheduled for early November. If you are interested in assisting, please let Dakota know before the September Beholdance meeting.



RECYCLING FOR THE SMILE TRAIN



Over a hundred pounds of aluminum cans were delivered with the assistance of Josh Self on May 24, 2008. Josh was assisted by Megan Hoyes and Dakota Palacio. 'Nothing like being covered in bags of cans,' said Dakota when they shifted in Josh's van on the drive over. It was worth it as it brought us to a grand total of \$202.50.

The September load helped us hit our goal. We will be sponsoring our first child's surgery and together we have logged over 117 hours on recycling in our community.

KANNAPOLIS PARKWAY - LITTER SWEEP



The June Litter Sweep was HOT, HOT, HOT! However, with a dedicated crew we had a successful Summer Litter Sweep.

Trying to beat the heat we started bright and early at 6:30am. The parkway was covered in a low mist and we experienced more native wildlife activity. Our resident vultures were out and seemed to post themselves as sentries all along the roadside. The fences were lined with a vulture on every one until we got too close and they took to the towers. In the past, we've seen turkey vultures and during the sweep our visitors we discovered are actually black vultures and not turkey vultures.

Local cyclist and others traveling the parkway thanked us and waved happily as they passed by.

The most unusual thing found was a moo-moo, which was found by Cory Hoyes and Saundra Spry who were cleaning across the highway from Caremoor.

Pictured:

Left: Beholdance Sign with Dakota, Megan, Katie, Amanda, Rebecca and Cory First Row: Left: Saundra and Cory, Center/Right: Black Vultures on the Parkway Second Row: Left: Katie, Beka, Amanda, Megan and Dakota having a water break, Center: Dakota and Megan, Right: Katie

FALL LITTER SWEEP – 1ST ANNIVERSARY CELEBRATION









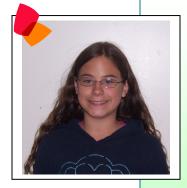




BEHOLDANCE LOGS OVER 890 HOURS FOR COMMUNITY AND CONSERVATION SUPPORT IN FIRST YEAR

NEWEST MEMBER OF BEHOLDANCE JUNIOR ADVISORY BOARD ...

Jaclyn Swartz



Special clubs or activities at school: Juniorettes, Band, Jazz Band, Art and Beholdance

About: Jaclyn is very artistic and loves animals and the environment. She attends a weekly art class and is doing volunteer work with the Juniornettes and Beholdance.

What do you hope Beholdance can do for the community/world?

"I hope through Beholdance we can spread our message about the environment to all of our surrounding communities. I hope to be able to give people the awareness about global warming as well as grow the awareness about issues that effect everyday kids. By helping organizations such as the Smile Train, I feel we can greatly impact a child's life and also provide others with an insight into what others around us go through each day. These are my hopes for Beholdance, because if we can spread our message to others then they will do good as well. Maybe then everyone will begin to do a little good each day and we can eventually begin to focus on others instead of ourselves. This will then majorly begin to heal the 'wounded' areas of our home, Earth.

Communications with the SBYC: News from Simon Jackson

Dear Simon,

After joining the SBYC as an Educational Member in 2006, I have worked hard to educate others in our area. Recently, I asked my teachers to bring this information into our classrooms to make others aware of the Spirit Bear and its fight for survival. I am a very concerned young person about our planet and its health and well being, so I wanted to try to assist.

Please find attached the letter to Mr. Campbell as well as a list of signatures of others at my school who have signed a petition to save the spirit bear. Many have signed up through your website; however we wanted to send a formal letter as well. I will be mailing this to the Mr. Campbell and Mr. Stephen as well as to Ms. Bell and Ms. Ambrose. I searched for a fax number for Mr. Campbell and could not locate one so if you can forward, via fax for time concerns it would be greatly appreciated. I will mail the hardcopy today.

As the Natives of our country have said, this planet belongs to the Seventh Generation that is coming and it is our job to do what it right for them. I would like to thank you for your awareness and your continued efforts in helping make our world a better place.

Heart Blessings to you and the Spirit Bear...

Respectfully, Dakota

Dear Dakota,

I truly cannot thank you enough for your remarkable support and efforts to give a voice to the spirit bear. I have no doubt that you, along with everyone you've helped educate and engage, will have a profound impact on the debate that surrounds the future of the spirit bear. We're all trying to do our

part and with support from individuals such as yourself, I know we will save our spirit bear for generations to come.

Again, thank you for your interest, support, and efforts to save the spirit bear.

Best Wishes, Simon.





the spirit bear youth coalition

What the SYBC up to...



After years of working toward saving the Spirit Bear, it has been selected to become on of the mascots for the coming 2010 Winter Olympics. It has been an up and down hill struggle for Simon Jackson and his SBYC to keep the bear protected. They are pleased at the selection and public attention being a mascot will bring. They hope it will contribute to the bear's preservation.

Currently, they are focused on the Canadian Federal Election coming up in mid-October that will feature the environment. The SBYC will be focusing on trying to advocate for the last third of the bears habitat. They are there to ensure the Spirit Bear remains on the Federal Political Agenda and that global treasures continue to get the support and protection they deserve. SBYC works to keep the environment and their precious Spirit Bear in the public focus so it will survive and be here for coming generations.

BEHOLDANCE APPRECIATION LUNCHEON

There was a good turn out for the Beholdance Appreciation Luncheon on September 14, 2008. Guest speaker, Kim Strong from Cabarrus Meals on Wheels spoke to the group about their contributions to local senior's and their pets with the Beholdance K9 Krunchies and Feline Munchies Program.



(Left: Kim Strong, Executive Director of Cabarrus Meals on Wheel | Right: Dakota Palacio)

Dakota Palacio presented five Beholdance Member with Presidential Awards and twenty one that earned Beholdance Participation Awards for 2007-2008 year. *(Winners are listed on page 4.)*



We'd like to thank Saundra Spry for a wonderful lunch spread as well as thank all our parents for their support with travel this year. We couldn't do it without you guys!

The highlight of the event was the presentation of a check for \$250 dollars to sponsor our first child's surgery through the Smile Train. All funds came from recycling. The group took time to pose for a picture which will be shared with the Smile Train as well as with local media.



Front Row (Left to Right) Jaclyn Swartz, DeAnna Butcher, Meredith Baker, Tori Cantales, Dakota Palacio, Megan Hoyes, Katie Waldroup.

Back Row (Left to Right) Tony Butcher, Cory Hoyes, Anthony Palmer, Hannah Love, Devon Scott, Amanda Surles, Zac Swartz













2007-2008 Presidential Volunteer Service Award Winners



Megan Hoyes



Hannah Love



Katie Waldroup



Tori Cantales



Amanda Surles



Dakota Palacio

Kiara Martin

This year two other Beholdance Members received Presidential Volunteer Service Awards from the North Carolina Zoo. Their hours contributed to the NC Zoo and the Schindler Wildlife Rehabilitation Center.

Presidential Gold Award is given to youth achieving over 100+ hours for those under 14 and over 250 hours for those 15 to age 25. This year's winners of Gold, went to:

Ms. Kiara Martin Ms. Dakota Palacio

Awards were presented in Asheboro at the NC Zoo Volunteer Banquet.

The President's Volunteer Service Award (PVSA) is issued by the President's Council on Service and Civic Participation on behalf of the President of the United States to recognize the best in the American spirit, and to encourage all Americans to improve their communities through volunteer service, and civic participation.

Beholdance is please to be a Certifying Organization for the PVSA and proud to announce the following Beholdance Members as recipients for the 2007-2008 Beholdance, Founding Year, service award winners.

The **Presidential Silver** Award is given to youth under 14 years of age that contribute 75 to 99 hours of community service within 12 months. This year's winner of Silver goes to:

Ms. Megan Hoyes

The **Presidential Bronze** Award is given to youth under 14 years of age that contribute 50 to 74 hours of community service within 12 months. This year's winners of the Bronze go to:

Ms. Hannah Love Ms. Tori Cantales Ms. Katie Waldroup Ms. Amanda Surles

Awards were presented at the Beholdance Appreciation Luncheon on September 14, 2008

Many of our Beholdance Members made great achievements in the areas of Conservation, Species Protection and Community Service Outreach. We are proud to be presenting Participation Awards at the Beholdance Appreciation Luncheon on September 14, 2008.

As a collective group, together they achieved

890 hours

for our community on behalf of the Beholdance Mission.

Volunteer Service		
Achievements		
Over 100		
Martin	Kiara	
Palacio	Dakota	
Over 70		
Hoyes	Megan	
Over 60		
Surles	Amanda	
Over 50		
Love	Hannah	
Cantales	Tori	
Waldroup	Katie	
Over 40		
Hoyes	Cory	
Over 30		
Swartz	Zachery	
Palmer	Anthony	
Swartz	Jaclyn	
Baker	Meredith	
Over 20		
Cantales	Joey	
Over 10		
Butcher	Anthony	
Under 10 (I	New Members)	
Scott	Devon	
Wells	Kristin	
Graham	Jessica	
Combs	Rebecca	
Butcher	DeAnna	
Meyers	Ashley	
Self	Josh	

2007-2008 Beholdance

BEHOLDANCE ASHEBORO CHAPTER

Benefit Talent Show - WRC

A benefit talent show was organized and hosted by Kiara Martin on February 23, 2008 at Randolph Community College LRC Center. The show had 20 acts from vocals and dance to bands and instrumentals. Over 150 guest attended the show. There were great speech and comedy routines as well. The benefit raised over \$1000 dollars which was presented by Kiara Martin to the WRC at the NCZoo Volunteer Banquet.

The show benefited the Schindler Wildlife Rehabilitation Center. The center provides care to injured and orphaned native wildlife and educates the public on the nature of the problems confronting wild populations in the face of expanding human populations.

The event was sponsored by Randolph Hospital, Studio J Dance Center, Randolph Medical Associates and Beholdance.

Beholdance hosted an educational booth during the event which shared information on the Beholdance Mission as well as discussed topics regarding the Wildlife Rehabilitation Center's Mission.

The Beholdance Asheboro Chapter is just getting geared up. They adopted McDowell Road through the adopt-ahighway program following the Kannapolis Chapters lead. They had a successful first litter sweep on August 9, 2008. The group also did some team building recently while participating with Habitat for Humanity as their September event. We look forward to hearing more in the coming year...

~^~^~^~^~^~

About Kiara Martin:

Kiara is the Chapter Chair for Beholdance Asheboro, a member of the Lift Program and recently was one of 16 selected to participate in a summer vet medicine program in Florida. Ms. Martin has aspirations of becoming a vet.





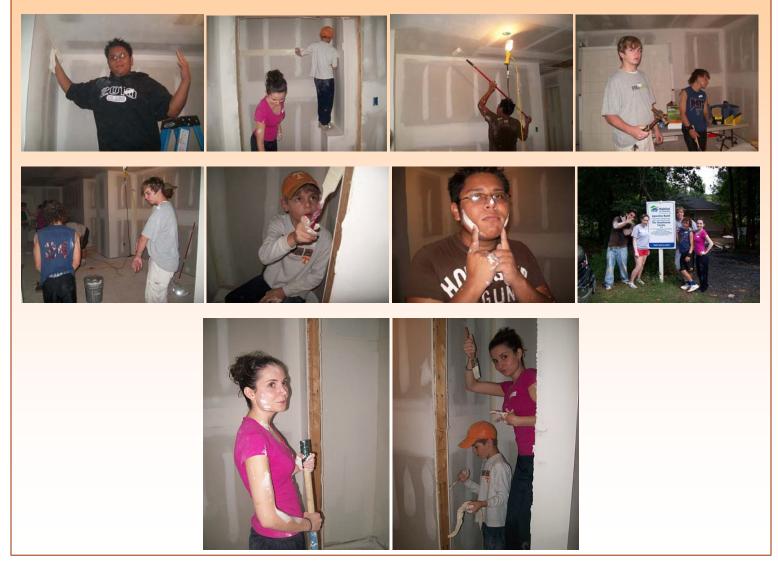
Pictures: Top – WRC Talent Show Crew | Middle – Dakota Palacio, Trish Vinocur, Kiara Martin speak to guest at the WRC Benefit | Bottom – Leslie Palacio holding an injured Eastern Box Turtle at the WRC. | Bottom Left – Habitat for Humanity Pictures

HABITAT FOR HUMANITY

Beholdance Asheboro

Anyone call for Team Building?

Beholdance Asheboro decided to do some team building while working on a local Habitat for Humanity house. The group assisted with painting the interior of the new home and appears to have explored some face painting techniques in the process.



Coming Beholdance Eventsee

- Sept 22: Beholdance Kannapolis Chapter Meeting (YMCA 7pm) (Bring a friend, help grow the Beholdance Mission)
- Sept 27: Beholdance Anniversary Litter Sweep (Meet at Caremoor at 7am)
- Oct 13: Beholdance Kannapolis Chapter Meeting (YMCA 7pm) (Mandatory meeting for those attending Boo at the Zoo)
- Oct 25-26: Boo at the Zoo (You must RSVP for this event no later than Sept 22nd or make special arrangements with Dakota)
- Nov 9: CMOW Sunday Soup Sampling
- Nov 10: Beholdance Kannapolis Chapter Meeting (YMCA 7pm) (Bring a friend, help grow the Beholdance Mission)



Coral Reefs Need Our Help



Actual picture taken from the sub of the Great Barrier Reef.

Our Tropical Forest and Coral Reefs are struggling. They are home to many of our unique and important plants and animals. A new bill is being presented soon and I want to urge all of you to write your state representatives. Please help by urging your senators to pass the 'Tropical Forest and Coral Reef Act'. It would provide funding for the protection of the forest and reefs around the US. Recently, the new NOAA health analysis stated that the reefs that are parallel to heavily populated areas are facing hardships from human impact. NOAA ranks the US coral reefs as "POOR" and "FAIR".

These are ecosystems that not only affect the lives of the animals that live there but other vital habitats that are near these. Recently, I visited the Great Barrier Reef in Australia and was surprised at what I found. Looking at the reef from an aerial view the reef looks beautiful. When we took a semi-sub down to see the reef up-close, I expected to see brilliant colors and tons of fish. Shocked, I looked through the window of the sub at the coral that I'm sure was once bathed in brilliant, outstanding colors but only pale, pastels and browns covered the reef. I was expecting to see the magical arrays of fish but only got a glimpse of one here or there. I sat there and took pictures looking down fretfully hoping my camera would find something different. This has to be a mistake, I thought. Then I realized it is our mistake, we're doing this to our planet. I looked over at our guide and he seemed to read my thoughts. He gave me a sad, half smile and looked back at the reef. I'm only fourteen, but I have to believe we have the power to change this. We have the voice. We can let our leaders know this is not the future we want.

I worry about the planet and I admitted that to a wise, older friend of mine, Fran. She shared with me her belief that the planet can heal itself if we give it time and stop our destructive habits. I believe this Act is very important to our forest and reefs. We need to give these vital ecosystems time to recover and heal. They need to be protected and monitored. To do so we need each and every person that cares about the future of the planet to speak up and write or call their representatives about the "Tropical Forest and Coral Reefs Act". This is the perfect opportunity to speak up and let them know your desires for our future. I wish each and every one of you could have seen the reef. It is a living example of the current health of the planet.

I've started several protection letter campaigns from the Beholdance website. I hope you will join me in letting Congress and others know we want a healthy planet.

Author: DPalacio

STRUGGLING SPECIES: UPDATES AND HOW TO HELP



Polar Bears have been added to the ESA; however, are being greatly threatened by hunting, global warming and the threat of oil drilling

- NOAA has extended its decision deadline for another six months on the Beluga Whales in Cook Inlet
- Gray Wolves are being killed in the Northern Rockies and remain highly threatened
- Tigers numbers are declining rapidly. We have had a 95% decrease in the last 100 years

MORE INFORMATION ON HOW TO HELP IS AVAILABLE ON THE BEHOLDANCE WEBSITE

ABOUT BEHOLDANCE - WHO WE ARE

Beholdance Mission:

To come together and take a look at issues effecting the health and well being of our planet and to stand up and give our youth a voice to our future, while instilling values, character and education regarding conservation and community service to better the world in which we live. To bring focus to our future because we are the generation that will inherit the earth and it is our voice and actions that will ensure it will be loved, protected and healthy for the coming generations.

Meaning of Beholdance:

The meaning of Beholdance has been defined by our founder, Dakota Palacio.

"Beholdance is an energy-heart word. It is kinda like a placeholder in your heart where the love and compassion exist. To be in beholdance of something means to hold a place in your heart and to give it love, joy and compassion and to know it will manifest from that love and support. For example, I might be in beholdance of my grandfather's full health because he just had major back surgery or I might be in beholdance of a person, event, relationship, etc. I picked it from a combination of words:

- **Behold**, which means to have in sight; to see clearly, to hold focus, to support.
- Beholden, which means to have or hold gratitude, to be indebted with respect.
- Dance, which is a symbol of love, joy and happiness in motion

These words I felt help best describe our mission and this is why I chose the name Beholdance. Personally, Beholdance is about holding a space in my heart for the planet and all who call it home so that we may all come together in peace, health and love. I hope it will help teach the new youth how to love, honor and protect our Mother Earth and her plants, animals and its people. It's about taking responsibility for our home, our planet Earth. We were born on this planet with all that we need and we have developed in our intelligence yet we get so involved in upgrading society that we too often forget about basic care. Therefore we've endangered our planet as well as ourselves. It is now time to give back what we can and to look at how our actions both good and bad effect how we live.

To pledge Beholdance, means to take responsibility; to claim the vision and outcome of the health and well being of our future and to remind all who call Earth home that each and every one of us is indebted to its continued health and protection.

This is what it means to be 'In Beholdance'."

Goals and Objectives:

Beholdance hopes to engender love and protection for our animals, people and planet in the minds and hearts of our youth and to grow that voice and vision globally. To take responsibility for our actions and choices that effect our environment and the inhabitants of our shared home and to set the vision and voice for our future by upholding the full health and well being of all concerned. We'd like to become the leading youth conservation and community service organization on the planet because ultimately the planet belongs to those who are coming and we are simply responsible for its care on their behalf.

Beholdance Pledge:

"I promise to love, honor and protect our home, Earth.

I want a world where poverty is history compassion comes first and where all life is equal.

I will watch out for all living things and work to make it a better place.

I promise to take care of our animals, plants and environment as well as all who cross my path.

I am 'In Beholdance'."

NEWS / EVENTS: WWW.BEHOLDANCE.ORG